

# Cleaning with Essential Oils

## Oils Needed:

- Cinnamon □ Clove □ Eucalyptus □ Lemon or Citrus Fresh or Orange
- Thyme □ Spruce □ Lemongrass □ Grapefruit □ Melaleuca □ Purification
- Lavender □ Thieves

### **Household cleaner:**

Fill a spray bottle with water and a squirt of dishwashing soap. Add 3-5 drops each of lavender, lemon, and pine essential oils. Shake well.

### **Floor cleaner:**

Add 1/4 cup white vinegar to a bucket of water. Add 5-10 drops lemon, pine, spruce, melaleuca, or Purification essential oil.

### **Fighting dust mites:**

Add 25 drops of eucalyptus essential oil to each load of laundry for an effective dust mite deterrent.

### **Kitchens and bathrooms:**

Mix into 1 quart water: 2 drops rosemary, 4 drops lemon, 3 drops eucalyptus, and 4 drops lavender. Shake well and put into a spray bottle. Shake again before using.

### **Window cleaner:**

Mix in 1 quart spray bottle: 1 cup White Vinegar, 10-15 drops of Lemon Essential Oil, water. Mix vinegar and water in spray bottle. Add essential oil. Shake and use.

### **Stain Removal:**

Use a drop or two of lemon essential oil on stains. Let stand and rub off with a clean cloth or throw into laundry cycle.

### **In the Dryer:**

Toss in a wool dryer ball or wet washcloth 10 drops of lavender, lemon, melaleuca, bergamot, or other oils added.

### **Goo Gone:**

Use Lemon on the sticky spot and rub off.



